



# *Snohomish County*

## WIC Facts: FFY 2004

### Infants Born Served by WIC

County..... 40.3%  
Statewide..... 48.6%

### Women, Infants and Children Served

**Total: 19,076**

Infants and children under 5..... 13,692  
Pregnant, breastfeeding and postpartum women.....5,384

### WIC Food Dollar Contribution to Local Economy

WIC Program Food Dollars  
\$7,162,374  
WIC Farmers Market Nutrition Program Food Dollars  
\$1,364

### WIC Families

Working families.....62.9%  
WIC households with at least one working family member

Families living in poverty..... 63.3%  
Percent of WIC clients with income at or below the federal poverty level (\$1,307 per month for a family of 3)

### WIC Nutrition Education Promotes Healthy Choices

Total nutrition education sessions.....47,109

WIC nutrition education:

- Emphasizes healthy lifestyle habits so families can eat better and stay active now to prevent obesity and other chronic diseases later in life.
- Promotes breastfeeding for the first year of life. And, with the breast pump loan program, helps mothers continue to breastfeed after returning to work or school.
- Helps prevent early childhood caries by screening for early signs of poor oral health, giving parents ideas for healthy snacks and stressing the importance of dental care by age one.



### WIC Attracts Families to Preventive Health Services

WIC referrals..... 92,671

WIC informs families about health related services and provides them with the information and support needed to access them successfully.

\* Maternity Support Services

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## **WIC Agencies and Sites**

### **Pregnancy Aid of Snohomish**

Arlington  
Everett  
Granite Falls  
Lynnwood  
Marysville  
Monroe  
Snohomish

### **Tulalip Tribe**

Marysville

## **WIC Authorized Grocery Stores**

99 Ranch Market	Haggen Foods
Albertsons	Jay's Market Inc.
Allen Creek Thriftway	QFC
Arlington Food Pavilion	Roger's Mountlake Terrace Marketplace
Darrington IGA	Safeway
Smokey Point Military Commissary	Smokey Point Food Pavilion
Everett Cost Cutter	Stanwood Thrifty Foods
Food Emporium	Sultan Red Apple
Fred Meyer	TOP Foods
Gold Bar Family Grocer	Wal-Mart Supercenter
Granite Falls Red Apple	

## **WIC Authorized Farmers Markets**

Downtown Everett Farmers Market  
Everett Farmers Market